

California State University, San Bernardino

CSUSB ScholarWorks

Documenting the CSUSB COVID-19 Experience

Arthur E. Nelson University Archives

12-4-2020

"COVID 19"

Hayley N. Kowalik

Csusb, 006403094@coyote.csusb.edu

Follow this and additional works at: <https://scholarworks.lib.csusb.edu/csusb-covid-19>

Recommended Citation

Kowalik, Hayley N., "'COVID 19'" (2020). *Documenting the CSUSB COVID-19 Experience*. 180.
<https://scholarworks.lib.csusb.edu/csusb-covid-19/180>

This Poem is brought to you for free and open access by the Arthur E. Nelson University Archives at CSUSB ScholarWorks. It has been accepted for inclusion in Documenting the CSUSB COVID-19 Experience by an authorized administrator of CSUSB ScholarWorks. For more information, please contact scholarworks@csusb.edu.

Covid 19

Trapped inside I feel like crying,
On the outside people are dying,
We sanitize our hands and mask our faces,
We pray to God for his good graces,
Just me and my thoughts stirring about,
People around me are filled with doubt,
Anxiety fills me when will this end?
I try to act normal, but it's hard to pretend,
Depression and fear are in the air,
It might be different if more people start to care,
Businesses closing, people not working,
The media states COVID is still lurking,
How much longer can I do this?
I try to stay safe,
But is it all worth it, or is this all fake?
Various opinions fill my head,
I'd rather be safe than sorry, or possibly dead.
But still I ponder what is to come next,
I feel so lost and out of context,
It's out of our hands, yet people are dividing,
Among all of our differences it's time to start confiding.
We have to get through this, but we must do it together,
I'm afraid if we don't it will last forever.
I still stay hopeful and keep my head high,
Everyone is afraid, no one wants to die.
Families are broken through the holidays,
But together we can beat this, we can't run away.

